

Summer Food Service Program (SFSP) Offer versus Serve (OVS) Guidance

- OVS may be implemented for breakfast or lunch/supper programs. OVS may not be implemented for snack programs.
- A site must either implement OVS for all meals or no meals at a site. This means, if the site is offering both breakfast and lunch and they decide to implement OVS, then both breakfast and lunch must be OVS.
- Children must be offered all food components using the full serving size or a combination which served together equal a full serving size that will meet USDA requirements.
See *Required Meal Pattern*: http://www.isbe.net/nutrition/pdf/meal_pattern.pdf
- If choices of food items or components are offered, the serving size(s) of each choice must be the equivalent of one full component or served in a combination which equals 1 full serving, such as 2 tablespoons of peanut butter served with 1 oz of cheese served together equals one full 2 oz meat/meat alternate serving.
- Children may decline:
 - 1 food component for breakfast
 - Up to 2 food component(s) for lunch/supper
- Children may choose to take all meal components offered.
- Children have the option of which food component to decline unless the food is packaged as a unit (box or sack). Components may not be removed from prepackaged meals.
- One person must be designated to check that a minimum number of **full** servings of components for breakfast/lunch/supper are included on each tray before it is counted as a reimbursable meal. This may be the same person who is taking meal counts.
- Second meals follow the same requirements as the first meal in OVS. For a meal to count as a second meal at an OVS site, the meal must contain a minimum number of **full** components.
- Children are not required to take any one component over another such as the entrée or the fluid milk.
- Double servings of the same component count as only one component, such as two milks.

- All meal components must be available to each child daily. For example if the projected meal count is 50 meals the sponsor must have 50 complete meals available at the start of the meal service. Partial meals will be disallowed.

The advantage a sponsor may see to the OVS is less food waste resulting in lowered food cost. However, if a sponsor does not have the ability to refrigerate unused foods they need to contact the local health department regarding the proper time restraints on holding foods and reserving on another day.

The following are examples of OVS reimbursable and non-reimbursable meal combinations

Sample Lunch Menu Items:

Component:

Peanut butter and jelly sandwich	
2 TBSP peanut butter	½ Meat/Meat Alternate (M/MA)
2 slices of bread	1 Bread/Grain (B/G)
1 tsp grape jelly	<i>extra does not count</i>
1 oz cheese stick	½ Meat/Meat Alternate (M/MA)
½ orange	1 Fruit/Vegetable (F/V)
¼ cup celery	1 Fruit/Vegetable (F/V)
8 oz fluid milk	1 Fluid milk

Meal Combination #1

Peanut butter and jelly sandwich (1/2 M/MA and 1 B/G)
 Cheese stick (1/2 M/MA)
 Milk (1 milk component)

Since one full M/MA must be served and 2Tbsp of peanut butter equals only ½ M/MA the child must take the 1 oz of cheese to count the M/MA component. This meal meets the requirements of a reimbursable meal with total of 1 M/MA component, 1 B/G component and 1 fluid milk component totaling 3 components.

Meal Combination #2

Peanut butter and jelly sandwich (1/2 M/MA and 1 B/G)
 ½ orange (1 F/V component)
 ¼ cup celery (1 F/V component)

The above combination meets the meal requirements with 1 B/G component, and 2 different F/V components which total 3 items.

Meal Combination #3

1oz cheese stick	(1/2 M/MA)
½ orange	(1 F/V)
¼ cup celery	(1 F/V)
8 oz milk	(1 fluid milk)

The above meal does meet the meal requirements with 2 different F/V components, and the milk component. In this example the cheese stick is an extra partial serving of the M/MA but does not count toward a complete meal.

Meal Combination #4

Peanut butter and jelly sandwich	(1/2 M/MA and 1 B/G)
1 oz cheese stick	(1/2 M/MA)
¼ cup celery	(1 F/V)

The above meal meets the meal requirements with 1 complete M/MA component, 1 B/G component, and 1 F/V component.

Meal Combination #5

½ orange	(1 F/V)
¼ cup celery	(1 F/V)
8 oz milk	(1 fluid milk)

The above meal meets the meal requirements with 2 F/V components and 1 fluid milk component which total 3 components.

Meal Combination #6

Peanut butter and jelly sandwich	(1/2 M/MA and 1 B/G)
¼ cup celery	(1 F/V)
8 oz milk	(1 fluid milk)

The above meal meets the meal requirements with 1 B/G component, 1 F/V component and 1 fluid milk component. The peanut butter ½ M/MA component is only an extra item because it is not a full serving of the M/MA component.

Meal Combination #7

1 oz cheese stick	(1/2 M/MA)
¼ cup celery	(1 F/V)
½ orange	(1 F/V)

The above meal does **not** meet the meal requirements due to the fact that the M/MA must be 2 oz of cheese, or the combination of the 2Tbsp of peanut butter plus the 1 oz cheese stick.