



# APRIL 2018

## National Garden Month!

Did you know that children learn best when you using all their senses? While children are gardening they can touch and feel the dirt, and seeds, see the vibrant colors and smell the amazing scents of the flowers. Gardening encourages healthy eating which is vital for brain and body development. However, it can be hard at times for children to have access to fresh fruits and vegetables, making it hard for them to want to eat them. Growing their own fresh fruits and vegetables will give them a sense of pride in eating what they have “created.” Gardening can also be a great way to teach children about responsibility, and how to work cooperatively in a group setting.

We understand that the thought of starting a garden can be overwhelming. We have included some websites that can help give you some ideas to get started. Good luck and don't forget to celebrate National Garden Month!!!

<https://www.motherearthnews.com/>

<https://getbusygardening.com/>

Thank you for all that you do, and please keep up all of your hard work!



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April 22<sup>nd</sup> is National Earth Day - “End Plastic Pollution”

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NSLP Application update process has opened!

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Check the SNP site for training dates in April!

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May 1<sup>st</sup> - The 4<sup>th</sup> Direct Certification conducted

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